
Invitation conditions for the

IRB – German Cup PREROW 2011

7th to 10th of July 2011

Northside of the beach at Prerow

18375 Ostseebad Prerow

Host: DLRG OG Prerow e.V. , LV Mecklenburg-Vorpommern

Date: 7th to 10th of July 2011

Venue: **At the north side of the beach at Prerow near the pier (beach access nbr. 29- main access). You will find the access via street “Im Schüning”. The entrance is opposite to the EDEKA grocery store/city center.**

Important: Please note the passing over details!

Vehicle access/parking: It is **not** possible to reach the venue by car.

The entrance can only be reached by feet or bike (please consider that the last part of the way is a pedestrian precinct). It takes about ten minutes by feet from the accommodation to the competition area.

Parking is possible at the parking area of the “Freie Schule Prerow” (with a parking permit, which you will get at arrival at the organisation office).

Arrival (registration office): Registration is possible on **7th of July from 1 p.m. in the foyer of the “Freie Schule Prerow”, Strandstraße 08, 18375 Ostseebad Prerow**

Arrival by car:

From Berlin: Highway (autobahn) A19 till “Rostock-Ost”.

From Lübeck: Highway (autobahn) A20 till “Rostock” – then A19 till “Rostock-Ost”, from there please take the federal highway B105, then the interchange “Altheide” leading onto the “Bäderstraße (Fischland-Darß-Zingst)” and follow the street to Prerow.

Arrival by bus and train:

IC-connection via Rostock to “Ribnitz-Damgarten West”, then taking the bus (line 210, duration about 1 ½ hours) toward Fischland-Darß until Prerow or
IC- connection via Rostock, Ribnitz-Damgarten West to Velgast, change to the regional train to “Barth”, then take the bus (line 210, duration about 40 minutes) toward Zingst – Prerow.
In both cases the terminal stop is “Prerow Schule” directly in front of the accommodation (Strandstraße 8).

Arrival by airplane:

Different airlines (i.e. Germanwings and Lufthansa) fly to the airport Rostock- Laage.

From there you can reach Prerow with a shared taxi (about 20€ one way). Especially for the teams from the south this could be an interesting option (If you book your tickets quite early, you might get some cheap ones).

Teams:

A team consists of 5 persons:

- 1 coxswain (with a valid licence)
- 1 oarsman/ lifeguard
- 1 or 2 patients per discipline
- 1 helper

Registration:

Entry forms (excel sheets) can be found on the DLRG homepages (www.prerow.dlrg.de) or www.dlrg.de .

Please fill in the forms and send them by e-mail to :

irb@prerow.dlrg.de

Deadline for registration is May 30, 2011.

Entry fee:

Entry fee per team is €250 (5 persons).

Every additional person pays €50. (please notify in the forms)

This includes the offered accommodation, meals and non-alcoholic drinks.

Payment and bank details:

All fees have to be transferred **till June 16th, 2011** to the following bank account:

DLRG Ortsgruppe Prerow

account number: 4510237601

number of the bank (BLZ): 160 80000

name of the bank: Dresdner Bank/Commerzbank

Issue: IRB-Competition Prerow and name of the team

(Please transfer the money as a team and not individually).

In case of absence, the fee will not be paid back.

Participating can be refused in case of late registration or payment.

Liabilities:

The host and organizer are **not** liable for accidental damage or damage through burglary of people’s material during the event.

Competitor eligibility:

To be eligible to participate in IRB competition, all crew members and patients must be proficient and currently certified by their ILS member organisation (please present necessary documents) .

To ensure safety and order during the competition, the instructions of the competition management and the referees have to be followed. Violations can be punished.

Each team accepts the announced rules of competition. They are based on the ILSE rulebook for IRB competitions. Changes are possible and will be announced by the referees or the competition management before start of competition.

Equipment:

The IRBs for the competition will be provided by the organiser. The provided helmets and lycra vests have to be worn.

Accommodation/Meals:

Accommodation for participants is possible in the gymnastic hall of the "Freie Schule Prerow". (please bring sleeping bag, air mattress etc. with you , sanitary facilities are available here).

It is also possible to stay in private accommodations or in one of the camping sites in Prerow on its own costs. Because of high season at this time, we recommend to book accommodation as soon as possible.

Meals will be provided at competition area. The following meals are included:

- Thursday: dinner
- Friday: breakfast, lunch snack, and dinner
- Saturday: breakfast, lunch snack and dinner
- Sunday: breakfast

Evening events:

Evening events are planned in Prerow.

It is expected that the participants choose their beverage consumption in a way that they can participate in the competition without restrictions. The organizer has the right to control this before the start.

Award ceremony:

All award ceremonies will be held on Saturday evening.

Smoking and alcohol:

The consumption of alcohol and smoking is not allowed in the whole area of the Freie Schule Prerow.

Departure:

Sunday morning after breakfast and break-down of the competition area.

Timetable (may be changed):

Thursday, 07. July:	arrival and registration from 1.00 p.m. till 6 p.m. Possibility for training 6 p.m. welcome on the beach area
Friday, 08. July:	heats Team-Rescue Event Single-Rescue Event Tube-Rescue Event Mass-Rescue Event Evening program
Saturday, 09. July:	Finals award ceremony and party
Sunday, 10. July:	breakfast, break-down and departure
<u>Contact:</u>	If you have any question, please contact us by e-mail:

irb@dlrg.prerow.de